

## Daily 3x5 Appreciation

Reflecting on my day ... what are 3 things I appreciate about the day ... about another person ... about myself ... about God; and what are 3 things I think God appreciates about me or my day?

	#1	#2	#3
<b>What I appreciate about my day</b>			
<b>What I appreciate about another person</b>			
<b>What I appreciate about myself</b>			
<b>What I appreciate about God</b>			
<b>What I think God appreciates today</b>			

This chart was developed 2005, by David Takle of Kingdom Formation Ministries, [www.KingdomFormation.org](http://www.KingdomFormation.org), inspired by others who taught on the value of appreciation. Please feel free to distribute the above chart with this attribution.